

Curriculum Vitae

Personal Details:

Name: Luis Maria Horta e Costa Freire de Andrade
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Address: Rua Diogo de Azambuja N28, 1400-105 Lisboa
General Osteopathic Council UK (GOSC): 9894
Cédula Profissional de Osteopatia: C-0031015

Professional Experience:

Sept 2018 - Currently: Saudestrutural Clinic, Osteopath and administration work

2017 – 2018 Picturehouse Central, customer service in a cinema, London UK

2016 – 2017 Bobs'í'loula Catering & Randolph's Catering, hospitality work at small events, London UK

2016 – 2017 Manus Sinistra, Osteopathic Students Society responsible

Academic Education:

2014-2018 MA Osteopathy, University College of Osteopathy, London, UK

2013/2014 Irish Leaving Certificate, St. Brendan's College, Killarney, Ireland

Diploma of Ensino Secundario, Secondary School Rainha D. Amélia, Portugal
2013 Physics Exam, Grade: 15/20
2013 Biology Exam, Grade: 12/20

Continuing Professional Development:

Short Courses:
2hrs - Functional origins of women's health problems by Prof Renzo Molinari
2hrs - Importance of foetal positioning in relation to baby's dysfunctions by Prof Renzo Molinari
3hrs – Workshop Lumbo-pelvic assessment by Molinari Institute
6hrs – An introduction to classical osteopathy with Marvyn Waldman
16hrs –

Observation:
30hrs – Observing Orthopaedic Surgeon at Hospital da Cruz Vermelha during surgery of Hip, Knee, Spine, Feet and Hand

Tuesday's Afternoon (14:00 – 19:00) – Observing Radiologist Doctor at Hospital Dona Estefania reading images of X-Ray, MRI and Ultra-Sound

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Additionaly Experience:

Rugby:

Rugby Player in Belenenses Rugby Club 2008 – 2013

Portuguese National Team U18

2012 – 8º place in U18 Justin Bridou European Championship, France

2012 - 4 Internationalizations (France, England, Wales, Italy)

Volunteering:

Currently: Member of Pegadas Association, helping teenagers 10-18 years old in poor neighbourhoods, Bairro da Adroana, Portugal

2012/2013/2014 Charity Fair Management, Lisbon, Portugal

Skills:

Languages: Portuguese, English, Spanish

Organization, team work, communication, responsibility, dedication

Hobbies:

Rugby, football, cycling, fishing, sailing and travelling